

# The UK Course to Celebrate International Aiki Peace Week

## Who can come

This course is open to all (proof of insurance though will be required), and celebrates the opening of International Aiki Peace Week, an initiative coming from Aiki extensions to promote and celebrate peace. This is an event aimed at all associations and all styles and will be a celebration of what we share and not what divides us.

The course will not be run on traditional grounds, and whilst a good number of high ranking teachers will be in attendance, none will take a lead role. Over the day, you will get to experience short slots from many teachers rather a long one from one. There will also be slots designed to specifically encourage attendees to share their knowledge with participants from an alternative style, and vice versa. (See overleaf).



## The aims

To celebrate the message of aikido and to gain a deeper understanding of how aikido can be used to make a more peaceful world.

To educate, motivate and inspire as well as having fun, whilst generating money for a good cause.

## Date

Saturday Sept 17<sup>th</sup>

## Timings

11-00am to 5-00pm

## Cost

£25 for adults- £10 children, unemployed and pensioners (*All funds raised will support Aiki Extensions an international organisation- but a registered charity in the USA, (see website for details of their work)*)

## The Venue

Renshinkan Dojo  
Curson House  
265/6  
Castle Street  
Dudley  
DY1 1LQ

## Course organiser-

Quentin Cooke-(qcooke@ntlworld.com tel. 01638 615343 for details)



## **General Information**

You will notice that there are no lead teachers. It will be a very organic process and the aim is to get teachers attending to take short slots. They will represent different styles, associations and places. The brief will be to teach an aspect of aikido that demonstrates how aikido can bring about peace. The day will be very much about philosophy, rather than any particular technique. I'd also hope to encourage teachers to speak a little bit about why they are passionate about aikido and what difference they think it can make to the world at large.

Special sessions:

- The day will start a teacher demonstrating a technique. People will practice that for a few minutes and then the teacher will tap literally anyone of any grade on the shoulder and they will show a technique and so on.
- Aikidoka will be paired by grade, e.g 1<sup>st</sup> dan to 1<sup>st</sup> dan from different associations. The idea will be that the one shows a technique to the other and then the partner will show their version of it.
- Senior grades will be paired with junior grades, again from different associations and the senior grade will teach a technique on a one to one basis.

The whole idea is to make everyone feel that they have participated and shared in something a bit different and maybe to see that what we share in the aikido world as a whole is much more than the differences that seem to divide us.

Nothing is fixed in stone and I would love to hear from with any other ideas that might add to this mix.

## **Lunch**

Please bring your own.

## **Special Thanks**

On behalf of Aiki Extensions, I would like to offer my thanks to the Renshinkan dojo who have allowed us to use their wonderful dojo.